



Safe Routes to School Summer Institute

Centennial Middle School
915 North Ella Road,
Spokane Valley, WA, 99212

The Bike and Pedestrian Safety Education Program is a collaborative effort between the Washington State Department of Transportation (WSDOT) and the Office of Superintendent of Public Instruction (OSPI). Federal funding has been provided from WSDOT to OSPI to manage the program and provide grants to school districts through 2012.



PRE-INSTITUTE SCHEDULE

August 16th, 2012

10:00 AM TO 2:00 PM - WORKSHOP 1 (lunch provided)

- ROOM A

AAA School Safety Patrol Advisor Workshop:

Jennifer Cook (AAA)

AAA is hosting their School Safety Patrol Workshops in conjunction with the Summer Institutes. This workshop provides schools with resources and materials available to patrol advisors, information on the AAA School Safety Patrol recognition programs, information on training your patrollers, and success stories and problem solving. If you are interested in participating in this workshop, please contact Jennifer Cook at jennifercook@AAAwin.com.

- ROOM B

Bike Handling and Lessons Overview:

Seth Schromen-Wawrin (Bicycle Alliance of WA), Jackie Randall (Spokane Public Schools)

This workshop provides an overview of the bike portion of the Bike and Pedestrian Safety Education Curriculum. It will cover basic handling skills, theory behind riding in traffic, and the four bike lessons of the curriculum. Participants will also practice teaching the lessons. If you plan to attend this workshop, please bring a functioning bike that fits you and a helmet.

2:00 PM TO 2:30 PM - BREAK

2:30 PM TO 5:00 PM - WORKSHOP 2

- ROOM A

Walking Lessons Overview:

Jen Cole (Feet First)

This workshop provides an overview of the walking portion of the Bike and Pedestrian Safety Education Curriculum. Topics covered include safety rules, sightlines, and intersection assessment. Participants will also practice teaching the lessons.

- ROOM B

Telling Your Story and Digital Storytelling:

Seth Schromen-Wawrin (Bicycle Alliance of WA)

Take part in a training on how to use media and storytelling to communicate the needs and successes of Safe Routes to School. Learn and practice interviewing, script writing, and story production skills. The group will work to create brief videos about the Institute and Safe Routes to School.

5:00 PM - ADJOURN

5:30 pm - Informal Social Gathering: Chat with your fellow Safe Routes to School enthusiasts as you get a bite to eat. We will gather at O'Doherty's Irish Pub and BBQ, 11723 East Sprague Ave. Food and drinks are on your own.

INSTITUTE SCHEDULE

August 17th, 2012

9:00 AM TO 9:45 AM - WELCOME

ROOM A

Bill Bender (SpokesFest Association)

9:45 AM TO 11:15 AM - SESSION 1

- ROOM A

Lessons Learned about the Bike and Pedestrian Safety Education Curriculum:

Del Heistand (Wahluke School District); Teresa Raby (Medical Lake School District), Jackie Randall (Spokane Public Schools)

For the last year and a half, physical education teachers around the state have been teaching 5th-8th graders safe biking and walking skills. A panel of teachers will share their skills of how to make the curriculum relevant for their students, sensitive to an urban or rural context, and techniques to handle classroom management.

- ROOM B

Using Audits in Safe Routes to School:

Gia Clark (Feet First)

Learn how to use walking audits to build support within your community, leverage for engineering projects, and pursue funding. Participants will practice these skills around the event site.

11:15 AM TO 11:30 AM - BREAK

11:30 AM TO 12:45 PM - SESSION 2

- ROOM A

IWalk and Encouragement Campaigns:

Jen Cole (Feet First)

October is Walk to School month. Learn about statewide efforts to support walk to school campaigns and hear from a panel of parents and teachers about how they were able to run a successful campaigns.

- ROOM B (AND BIKE RIDE)

Building Confidence Riding a Bike:

Seth Schromen-Wawrin (Bicycle Alliance of WA)

In order to teach bike safety skills, you need to feel confident riding. We will go on a little bike ride talking about ways to be safe and feel more comfortable. If you plan to attend this workshop, please bring a functioning bike that fits you and a helmet. If you need a bike or helmet, please contact SethS@BicycleAlliance.org.

12:45 PM TO 1:30 PM - LUNCH (provided)

1:30 PM TO 2:15 PM - SESSION 3

- ROOM A
Funding Opportunities for Safe Routes to School:
James Kissee (Washington Department of Health)
Some Safe Routes to School work can be done on a shoestring budget. Other times it requires substantial funding. Learn about where to look for different types of funding, and what you can do to improve your odds.

2:15 PM TO 3:00 PM - SESSION 4

- ROOM A
Aligning Bike and Pedestrian Safety Education with State Standards:
Lisa Rakoz (Office of Superintendent of Public Instruction)
This session will discuss how teaching bike and pedestrian safety education can coordinate with state education standards.
- ROOM B
Law and Liability:
Jerry Moberg (Canfield)
What risks are associated with undertaking safe routes to schools activities? This session will give you a primer on myths about liability, where there may be risks, and what you can do to minimize them.

3:00 PM TO 3:15 PM - BREAK

3:15 PM TO 4:45 PM - SESSION 5

- ROOM A
Bike Sustainability:
Michael Conley (North Division Bicycle Shop)
It is hard to teach bike safety skills if the bikes are falling apart. This session will outline methods to assess equipment and options to keep the bikes rolling.
- ROOM B
Policy and How It Affects Safe Routes to School
Blake Trask (Bicycle Alliance of WA)
Policy can be powerful in supporting or discouraging safe routes to school. Learn about the state of law in Washington State and how policies can be used to support your work.

4:45 PM TO 5:00PM - THANK YOU AND GOODBYE

ROOM A

CONTACT INFORMATION OF PRESENTERS

Bill Bender
SpokeFest Association
Bbender2417@hotmail.com

Jerry Moberg
Canfield
JMoberg@canfieldsolutions.com

Gia Clark
Active Communities Mapping Specialist
Feet First
(206) 652-2310
Gia@FeetFirst.info

Teresa Raby
Physical Education Instructor
Medical Lake School District
TRaby@mlsd.org

Jen Cole
Safe Routes to School Program Director
Feet First
(206) 652-2310
jen@feetfirst.info

Lisa Rakoz
Health and Fitness Education
Office of Superintendent of Public Instruction
(360) 725-4977
Lisa.rakoz@k12.wa.us

Michael Conley
North Division Bicycle Shop
509-467-2453

Jackie Randall
Physical Education Instructor
Spokane Public Schools
JackieR@SpokaneSchools.org

Jennifer Cook
Senior Manager, Corporate Communications
AAA Washington
(425) 646-2055
JenniferCook@aaawin.com

Seth Schromen-Wawrin
Safe Routes to School Program Manager
Bicycle Alliance of Washington
(206) 224-9252 x301
SethS@BicycleAlliance.org

Del Heistand
Physical Education Instructor
Wahluke School District
dheistand@wsd73.wednet.edu

Blake Trask
Policy Director
Bicycle Alliance of Washington
(206) 224-9252 x302
Blake@BicycleAlliance.org

James Kissee
Physical Activity Coordinator
Washington State Department of Health
360-236-3623
james.kissee@doh.wa.gov

PLANNING COMMITTEE

Thank you to those who put in the hard work to make this event possible:

Maggie Anderson (King County Food and Fitness Initiative)

Jenny Almgren (Cascade Bicycle Club)

Michel Aoki (Office of Superintendent of Public Instruction)

Jen Cole (Feet First)

Heleen Dewey (Spokane Health District)

Shirley Lee (Lynden School District)

Lisa Quinn (Feet First)

Julie Salathe (Cascade Bicycle Club)

Seth Schromen-Wawrin (Bicycle Alliance of Washington)

For information and resources Contact:

Seth Schromen-Wawrin
Bicycle Alliance of Washington
(206) 224-9252 x301
SethS@BicycleAlliance.org
www.BicycleAlliance.org
www.SafeRoutesWA.org